



## **FRIDAY NIGHT FLIPS**

7:30 ~ 9:30 pm

***OCTOBER 2009 ~ APRIL 2010***

*Visit our web site for exact days & times. All events subject to change.*

## **KAYAK ROLL & PADDLE PRACTICE**

**ALL SKILL LEVELS ~ INDOOR HEATED POOL**

**FULL JACKSON KAYAK FLEET**

**PADDLE, PFD, SKIRT RENTAL** **\$5.00**

**(or BRING YOUR OWN)**

**POOL USE** **\$5.00**

**(FREE equipment rental for paddlers 12 & under. Must have an adult present during session.)**

***Private roll classes available ~ call for details!***

**The Colony Aquatic Park Pool, 5580 North Colony Blvd.**

**The Colony 75056**

**214-629-4794**

**[www.KayakInstruct.com](http://www.KayakInstruct.com)**